

SENIOR SCROLL

Senior Resource Services

November 2013

Volume 6, Issue 3

Grandparents Day 2013

Senior Resource Services special event for Grandparents was a success because of the following people and organizations that contributed donated their time and in-kind items, and especially the Grandparents that attended. Our oldest prize winner was 99 years young, the couple that had been married the longest had 68 years of marital bliss, and there were 4 generations present in one family.. In-kind donors were Fairacres, Grace Pointe, Knights of Columbus, Greeley Area Realtor Association, Ft. Morgan Bank, Meadow Gold, Triple S Party Rental. My awesome Board of directors, family members and volunteers such as Bob Bernd and Jim and Vickki Klingman donated their time and talents for our successful event. On behalf of all the Seniors in Weld County, we thank you!

DeeAnn Groves, MA
Executive Director
Senior Resource Services



Office Closed date

Nov 28-29, 2013

Dec 24-25, 2013

January, 1, 2014

Nov 28	Office Close
<i>(Thanksgiving)</i>	no services
Nov 29	Office Closed
Dec 24	Office Closed
Dec 25	Office Closed
	no services
Jan 1, 2014	Office Closed
	no services

Soup for Seniors

Variety of homemade Soup–
Beverage–Bread&Rolls–Dessert–
Bake Sale

Tuesday November 12, 2013

11an-2pm @Greeley Area
Realtor Association
819 11th St. Greeley, CO



Tickets are
\$10 a person
5 tickets for \$40

CASTA Award

On Thursday, September 26, 2013 at Beaver Creek, Senior Resource Services was the recipient of the CASTA (Colorado Association of Transit Agencies) Award for the small transit system of the year in Colorado. Senior Resource Services is a non-profit that serves Weld County seniors with transportation. The services provided by this non-profit are free. Using 200 compassionate volunteers willing to give of their time and using their own vehicles provides the elderly the access to go to medical appointments, grocery shopping, hair appointments and special events. In August these volunteers provided 527 rides.

The award was presented to the SRS Board on October 1st at the quarterly board meeting.



SENIOR RESOURCE SERVICES

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Greeley, CO 80631
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FAX: 970.352.5437



Helping Hands for Seniors

“Assisting the Elderly
and their Families in
Addressing the Issues
of Aging.”

Board of Directors

Beth Gibbs
(Chair)

Liz Sage
(Secretary Treasurer)

Pat Allnutt

Ed Gibbs

Julie Jensen

Will Jones

Lisa Mangum

Eric Walker

Kathy Gardner

Esther Martinez

CONCERNED ABOUT YOUR MEMORY ***WHO SHOULD BE SCREENED???***

- Am I becoming more forgetful?
- Do I have difficulty performing familiar tasks?
- Do I have trouble recalling words or names in conversation?
- Have I become lost when walking or driving?
- Have my family or friends noticed changes in behavior or memory, etc??
- Am I forgetting I have said something and repeat it again and again?

If you or your loved one relate to this concerns, a memory screening is the first step forward in checking a person's memory and other thinking skills.

A memory screening is a simple and safe evaluation tool, non-invasive and consists of a series of questions and/or task designed to test memory, language skills, thinking ability and other intellectual functions.

Result of the memory screenings are confidential and may indicate an additional checkup by your physician.

**CALL SENIOR RESOURCE SERVICES FOR A FREE 'MINI-MENTAL' SCREENING
352-9348 - DEEANN GROVES, MA. GERONTOLOGIST**

Financial Tips for Seniors

15 Quick Tips for Protecting Your Finances

Getting help

1. Decide if you need financial help from an expert, and then choose wisely.
2. Prepare for the possibility that you may become unable to handle your finances.

Spending Money

3. Develop a spending plan for your retirement.
4. Consider limiting the mail and phone calls you receive from marketers.

Borrowing Money

5. Review your credit reports even if you don't plan to apply for a new loan.
6. Think twice before accepting an offer to "advance" (lend) you a portion of your future pension, Social Security or other retirement income.
7. Use credit cards cautiously.
8. Remember that a reverse mortgage will eventually have to be paid back-with interest.

Earning Money

9. Think about ways to turn a hobby or another interest into a part-time job.

Saving and Investing

10. If you're considering an annuity, understand the potential pros, cons and costs.
11. Know if you've agreed to let your bank cover certain overdrafts.
12. Look into discounts and other deals.

Getting Organized

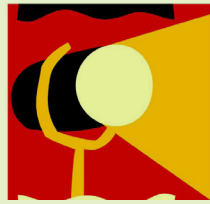
13. Make it easier to manage your money and pay the bills.
14. Consider additional ways to save time and money.
15. Organize and protect your important documents.



Consumer News Summer 2013



Volunteer Spotlight



If you are a volunteer and you mail, hand deliver or complete your volunteer activity log on line at www.seniorresourceservices.info under the volunteer tab by the 7th of each month, then we enter your name into a drawing. The monthly winners are listed below:

Bea Ramos brought in her hours in May and she selected a Palomino's gift card. Bea has been volunteering with SRS since 2010.

Beth Gibbs is an inspiration to everyone. She has volunteered in the office, drives seniors, calls seniors and now she is the Board Chair. Senior Resource Services is extremely grateful for her willingness to help us. For submitting her June hours, Beth selected a Palomino's gift card.

Mary Jo Fisher has been volunteering for SRS for a year. Mary Jo helps our elderly seniors with respite care and provides friendly phone calls. Mary Jo received a gift card for turning in her July hours.

Lynn Weitzel is one of those volunteers that SRS will always remember for all her time giving to our seniors. Lynn substitute teaches and in her spare time provides transportation for our seniors. A Walmart card was selected by Lynn for turning in her August hours.

As always Senior Resource Services thanks all of our volunteers who assist the elderly. We also want to thank the many generous businesses in the community who have donated these gift cards to recognize these compassionate volunteers.

With your help Senior Resource Services is now serving 475 seniors.

"The things you do for yourself are gone when you are gone, but the things you do for others remain as your legacy."

—Kalu Ndukwe Kalu

Valuable Volunteers Info

"A big Round of applause and appreciation to all our volunteer drivers who made my maternity leave substitution easy."

Amy

"We are proud to announce our Corporate Volunteer Program. We have 5 new volunteers from FMS bank. Thanks to you our program is being very well received and recognized by local and state organizations, they cannot believe how well this program is working.

I realize your rewards are received in your heart and I want to thank you from my heart for providing our Seniors friendship and service to their appointments and other places. Driving many miles that you do as a SRS volunteer is noted with affection by the clients you meet and by the staff of SRS.

We hope in the very near future to expand our Respite Program and Person-2-Person programs. If you are interested in participating in either one of these, Please call me at the office."

DeeAnn

Geezer Test

1. What color flash bulbs did Dad use for color film?

- a. Blue
- b. Pink
- c. Plaid

2. Lincoln Logs were for what use?

- a. A diary of the presidency
- b. Keep track of fat cats who sleep in the Lincoln Bedroom
- c. Building toy structures

*1. a. Blue
2. c. Building toy structures.*

Carbon Valley News

Announcing the Launch of Senior Resource Services in Carbon Valley, Colorado

At the request of the Weld County Commissioners and The Area Agency on Aging, Senior Resource Services has been asked to bring our transportation program to South Weld in Carbon Valley. This tri-town area of approximately 25,000 consists of Firestone, Frederick and Dacono. We have just begun and already have about 15 clients and 15 volunteers to serve them. Salud Medical Center and some of their staff will be participating with us to serve the needs of their patients. It has taken some time to get this program going but through the assistance of Amber Robbins, Care Manager from Salud and Aleta Purcell, Director of the Tri-Town Senior Center and their members, it appears to be growing every day. A little about each of the towns: Firestone is a dynamic and business friendly community located at the foot of the Rocky Mountains and strategically located at one of the busiest intersections in Northern Colorado.

The town of Frederick has a rich history and was incorporated in 1907 by three young women who named the town after their father, Frederick A. Clark, the landowner of the site now known as Frederick.

The city name of Dacono was created from the first two letters of the names of three local residents: Daisy Baum, Cora Van Vorhies and Nona (or Nora) Brooks. Dacono was first settled in 1901, and early settlers moved there to work in the coal mines. These are dynamic and growing communities with outstanding citizens and community leaders. We are all looking forward to building our very unique program to serve the needs of their senior citizens.

Roseann Guyette
Project Director